

# Paleontology Field Course Packing List

## Essential Field Gear:

- Field Notebook
- Pencils/Pens
- Supportive Field Boots
- Water bottles and/or bladder bag capable of holding 1 gallon of water in total
- Rain gear
- Warm and cold weather clothing suitable for the field. (Layers are wise, as temperatures can vary widely between the evening and the daytime)
- Sun hat
- Sunscreen
- Watch/Phone
- Field backpack

## Recommended Field Gear:

- Wind/Rain Pants
- Phone/Camera
- Photo Scale
- Personal First-Aid Kit

## Essential Personal Gear:

- Duffle/Backpack
- Field Clothing
- Underclothing and Work Socks
- Cold and Warm Weather Clothing
- Hats, for warm and cold weather
- Personal Toiletries
- Any Prescriptions, contact lenses, or personal health needs
- Pillow
- Towel and Washcloth

## Recommended Personal Gear:

- Casual clothing for town days or while in camp
- Casual Shoes (please no open-toed shoes while in camp. Open toed shoes may be used on town days)
- Alarm Clock/Phone
- Headlamp/Flashlight
- Laundry Bag
- Small entertainment items (books, cards, frisbee, football, etc)

## Gear Provided by CNCC:

- Tent
- Sleeping Bag
- Bug Spray
- Camp Chairs
- Field Tools
- Gloves