

CNCC FALL 2021

Athletic and CTE Program Safety Plans

Updated 10/Aug/2021

Colorado Northwestern Community College is excited and enthusiastic about the return of our faculty, staff, and students for the Fall 2021 semester. The safety and wellbeing of our campus and those who work, reside, and attend classes at CNCC is of the utmost importance. With that in mind, we have created an Athletic and CTE Program Safety plans to minimize the transmission of the COVID-19virus.

As has been the case, Colorado Northwestern Community College will follow current public health guidance. The safety plan provided below is current as of the above date. We recognize that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.





Contents

3
3
3
3
4
6
7
8
0



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Overview of Fall 2021 Plan:

- 1. Based on the latest pandemic and vaccine rollout projections, we plan to offer a comprehensive on-campus experience this Fall including in-person classes, open residence halls, student clubs, organizations and activities.
- 2. Student Activities will comply with state and local requirements.
- 3. A complete academic calendar can be found here.
- 4. Remaining college operations will adjust as needed to comply with all public health protocols in place at the time.

COVID Vaccinations:

As we have consistently done over the past many months, CNCC does not require you to have the COVID-19 vaccination; however, we continue to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees. Click to Detail Plan

Similar to hosting flu shot clinics and health fairs, the college will make every effort to promote the COVID-19 vaccine this Fall, make it readily available to residents of our mountain communities, and strive for broad based immunization among our campus populations. In cooperation with Moffat and Rio Blanco County Health Departments, CNCC has arranged the following Fall 21 COVID Vaccine Clinics:

CRAIG CAMPUS: August 21st

RANGELY CAMPUS: August 21st and 22nd

For a COVID-19 vaccine sign up click here

SHOT AT A SCHOLARSHIP: CNCC students who receive the COVID-19 vaccination, may enter to win a Colorado Community College scholarship at https://www.cccs.edu/shot-at-a-scholarship/.

General Precautions:

- 1. Heightened cleaning and disinfecting of our facilities have been implemented.
- 2. Hand sanitizer is placed at the entry of all buildings.
- 3. Disinfecting wipes are available in all buildings, classrooms, residence halls, athletic facilities, etc.
- 4. Social distancing guidelines are in place
- 5. Face Coverings: CNCC does not plan to require face covering (masks) for the Fall 2021 semester; however, the College will comply with state and local requirements.
- 6. Signs will be placed at the entry points of all buildings to remind students and employees of self-symptom check, and social distancing requirements, as well as a reminder not to enter the building if exhibiting any symptoms of illness.
- 7. Increased health and wellness checks
- 8. Self-Monitoring and Reporting Stations in resident halls

Self-Monitoring:

- Students, faculty, and staff will be asked to self-monitor and report on any COVID-19 symptoms. This will be facilitated through a symptom self-report entered via a web form. The form is located on our website or can be accessed at https://cncc.formstack.com/forms/screeningsurvey
- 2. Symptom checklists and instructions on the proper course of action when indicators are present will be available to students and employees. Rangely District Hospital has made temperature screening stations available at the Rangely campus in the Hefley Gym, Weiss Conference Center, Johnson Cafeteria and all resident halls.
- 3. Thermometers are available to members of our campus community to test for the presence of fever and to monitor personal temperatures.
- 4. CNCC plans to isolate sick individuals from our general population and direct them to appropriate medical personnel.
- 5. Symptomatic students will be isolated, and employees will be directed to remain at home until advised by a medical professional that it is safe to return to campus.
 - a. Instructors have been asked to work with students who are ill and cannot attend class



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- b. Food services will arrange takeout meals delivered to isolation rooms
- c. Additional wellness checks and COVID-19 monitoring will be conducted

CNCC's Athletics and Career and Technical Education (CTE) programs by their nature often involve closer human interactions that may increase risk of transmission of the COVID-19 virus. CNCC has identified four (4) areas that require specific COVID Safety Plans above and beyond the general routines and precautions discussed above. They are: Athletics Programs, Cosmetology, Dental Hygiene, Nursing and National Park Service (NPS).

Athletic Programs:

It is important that as an institution we develop a culture of, "if you are sick, then stay home" in order to prevent the spread of disease. All individuals should assume they have been exposed to COVID-19 and continuously monitor for symptoms.

- Student Athletes, staff and coaches are required to report any COVID symptoms to trainer who will refer campus life personnel
- Athletic training room access will not be granted to individuals exhibiting any signs or symptoms will be denied entry to the facility and referred to Campus Life personnel.
- Capacity in the athletic training room will be limited to a maximum of 5 Student-Athletes.
- Pre-practice taping will also occur during scheduled times.
- Prompt attendance to scheduled treatments is mandatory.
- Failure to arrive on time may result in forfeiting treatment.
- · Acute injuries will be given priority.

Athletics Department COVID Testing

In order to keep each other safe during

- All CNCC student-athletes will COVID test as they arrive on campus.
- Thereafter, student-athletes will COVID test on Monday or Wednesday of each week depending on team schedule and timing of upcoming games.
- Vaccinated students and staff, who have provided documentation of being fully vaccinated, will not be required to test.
- The Athletic Director will determine date of COVID testing based on team schedule.
- See Travel Guidelines below for protocols during travel.
- CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.

If a student athlete tests NEGATIVE for COVID-19

If a student athlete tests negative for COVID-19 and is non-symptomatic, they may participate in all regularly scheduled classes, labs, team events, practices, and games.

If a student athlete tests POSITIVE for COVID-19

If a student athlete tests positive for COVID-19, he/she will be isolated for at least 10 days from the time of symptom onset and there has been 72 hours with no fever without the use of fever reducing medications.

- The student athlete should report a complete list of their signs and symptoms to their athletic trainer at least once daily. The athletic trainer will report any new or worsening symptoms to Campus Life.
- The student athlete should make a list of all individuals they have been in contact within the last 10 days, to the best of their ability, and notify them of their infection status.
- If a student athlete has been in contact with teammates and/or athletic department personnel within 10 days of testing
 positive for COVID-19, those individuals should be tested immediately. These student athletes will be quarantined
- Campus Life will notify the Athletic Trainer and coaches of test results.
- COVID-19 testing will be recorded in the Student-Athletes' ATP file.

Return-to- Play after testing positive for COVID-19

- Once the 10-day isolation period is over and all signs and symptoms have resolved for at least 72 hours, the student athlete will follow up with the team trainer.
- Student-Athletes will need to be cleared by the team trainer prior to returning to athletics. The athletic training staff will supervise re-conditioning and appropriate return to full participation.



If a student athlete has been in contact with a COVID positive

- Student-Athlete, Faculty and Staff who have come into close personal contact with a COVID positive individual will be placed on Quarantine.
- The CDC currently defines close contact: For COVID-19, a close contact is anyone who was within 6 feet of an infected person for a total of 15 minutes or more. An infected person can spread COVID-19 starting from 48 hours (or 2 days) before the person has any symptoms or tests positive for COVID-19.
 https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact
- Quarantine means that you will not be able to attend in person classes or labs. CNCC's Student Services Department will work with you to determine guarantine period and your other options.
- Students in Isolation or Quarantine are expected to remain current on college class work. If you are unable to do so, please contact your CNCC Instructor to set up a study plan.
- Required Class Hours: If you are COVID positive and you miss class/lab time, it is your responsibility to make up that material and time. Due to limited lab time, you may need to request an incomplete for the course and then make up that time during next semester or break.

Travel Guidelines

- All Student-Athletes and coaches will test for COVID prior to departure. Typically, this will occur on the Wednesday of each week.
- Coaches, staff, and Student-Athletes should wear masks at all times during travel.
- Limit time spent in public places. Teams should eat meals at their hotel or on the bus whenever possible.
- Limit time spent in contact with other athletes, coaches, and fans at each facility at home and away games.

Visiting Team Guidelines

- Prior to games all athletes, coaches, and staff will report any COVID symptoms.
- Visiting teams are expected to provide their own water bottles. There will be a central location for water. A watercooler
 will be provided for that team only and only Student-Athletes from the visiting school with have access to their assigned
 water cooler. If refills are needed, only athletic training staff can refill the water coolers and return it to the sidelines.
- Athletic trainers will be available pregame for visiting team needs.
- Visiting teams will be provided with a dedicated area for athletic training services and will have limited access to the training room.
- All athletes and staff should avoid crowd interactions.

Spectator Guidelines

- At this time, spectators may attend CNCC Athletic events without masks.
- Social distancing is highly recommended during the event.
- Seating capacity at all venues may be limited based on current local, state, and federal regulations.
- CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.

Communication

- CNCC athletic training staff will contact athletic training staff from opposing teams if a student athlete tests positive for COVID-19 within 14 days of games being played.
- If the CNCC athletic training staff is made aware of an opposing team's student athlete testing positive for COVID-19 they will immediately contact Athletic Director, coaches, and athletes.



Cosmetology Program:

- 1. Every Cosmetology person (student, staff and faculty) who has direct contact with a client's person must:
 - Wear masks at all times with clients.
 - Receive a weekly COVID test.
 - COVID Vaccination: Those that provide evidence of being fully vaccinated for COVID-19 are not required to take the weekly text.
 - CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.
- 2. Students, Faculty and Staff will be tested every Tuesday morning before beginning class. We remind everyone to maintain social distance when queueing up for testing:
- 3. **NEGATIVE Result**: Students and Faculty who receive a negative result (COVID virus is not present) will be allowed to continue to their Cosmetology classroom or lab.
- 4. **POSITIVE Result**: Students and Faculty who receive a positive result (COVID virus is present) will be referred to Moffat County Health, have a confirmation test and comply with Moffat County's exact directions. Moffat County will determine your period of isolation.
- 5. Quarantine Contacts:
 - Student, Faculty and Staff who have come into close personal contact with a COVID positive individual will be placed on Quarantine.
 - The CDC currently defines close contact: For COVID-19, a close contact is anyone who was within 6 feet
 of an infected person for a total of 15 minutes or more. An infected person can spread COVID-19 starting
 from 48 hours (or 2 days) before the person has any symptoms or tests positive for COVID-19.
 https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact
 - Quarantine means that you will not be able to attend in person classes or labs. CNCC's Student Services
 Department will work with you to determine quarantine period and your other options.
 - Students in Isolation or Quarantine are expected to remain current on Cosmetology class work. If you are unable to do so, please contact your CNCC Instructor to set up a study plan.
 - Required Floor Hours: If you are COVID positive and you miss class/salon time, it is your responsibility
 to make up that material and time. Due to limited floor time, you may need to request an incomplete for
 the course and then make up that time during next semester or break.
- 6. **BE SAFE**: CNCC continues to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees.



Dental Hygiene Program:

- Every Dental Hygiene person (student, staff and faculty) who has direct contact with a patient's mouth must receive a weekly COVID test. Those that provide evidence of being fully vaccinated for COVID-19 are not required to take the weekly text.
 - CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.
- 2. Students, Faculty and Staff will maintain social distance when queueing up for testing:
 - First Year students will be tested on Wednesdays at 8am.
 - Second Year students will be tested on Wednesdays at 11am.
- 3. **NEGATIVE Result**: Students and Faculty who receive a negative result (COVID virus is not present) will be allowed to continue to their Dental Hygiene classroom or lab.
- 4. **POSITIVE Result**: Students and Faculty who receive a positive result (COVID virus is present) will be referred to Rio Blanco County Health, have a confirmation test and comply with RBC's exact directions. RBC will determine your period of isolation.
- 5. Quarantine Contacts:
 - Student, Faculty and Staff who have come into close personal contact with a COVID positive individual will be placed on Quarantine.
 - The CDC currently defines close contact: For COVID-19, a close contact is anyone who was within 6 feet
 of an infected person for a total of 15 minutes or more. An infected person can spread COVID-19 starting
 from 48 hours (or 2 days) before the person has any symptoms or tests positive for COVID-19.
 https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact
 - Quarantine means that you will not be able to attend in person classes or labs. CNCC's Student Services Department will work with you to determine quarantine period and your other options.
 - Students in Isolation or Quarantine are expected to remain current on Dental Hygiene class work. If you are unable to do so, please contact your CNCC Instructor to set up a study plan.
 - Required Clinical Hours: If you are COVID positive and you miss class/clinic, it is your responsibility to make up that material and time. Due to limited clinical time, you may need to request an incomplete for the course and then make up that time during next semester or break.
- 6. **BE SAFE**: CNCC continues to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees.



NPS Program:

- Every National Park Service (NPS) person (student, staff and faculty) who has direct contact with another student
 or faculty must receive a weekly COVID test. Those that provide evidence of being fully vaccinated for COVID-19
 are not required to take the weekly text.
 - CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.
- 2. Students, Faculty and Staff will submit to a COVID test every Monday morning before class starts and will maintain social distance when queueing up for testing:
- 3. **NEGATIVE Result**: Students and Faculty who receive a negative result (COVID virus is not present) will be allowed to continue to their Dental Hygiene classroom or lab.
- 4. **POSITIVE Result**: Students and Faculty who receive a positive result (COVID virus is present) will be referred to Rio Blanco County Health, have a confirmation test and comply with RBC's exact directions. RBC will determine your period of isolation.

5. Quarantine Contacts:

- Student, Faculty and Staff who have come into close personal contact with a COVID positive individual will be placed on Quarantine.
- The CDC currently defines close contact: For COVID-19, a close contact is anyone who was within 6 feet
 of an infected person for a total of 15 minutes or more. An infected person can spread COVID-19 starting
 from 48 hours (or 2 days) before the person has any symptoms or tests positive for COVID-19.
 https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact
- Quarantine means that you will not be able to attend in person classes or labs. CNCC's Student Services
 Department will work with you to determine quarantine period and your other options.
- Students in Isolation or Quarantine are expected to remain current on NPS class work. If you are unable to do so, please contact your CNCC Instructor to set up a study plan.
- Required Clinical Hours: If you are COVID positive and you miss class/practical exercises/hands on training, it is your responsibility to make up that material and time. Due to limited contact time, you may need to request an incomplete for the course and then make up that time during next semester. Please visit with the NPS Program Director for more information on the critical elements that will need to made up at an additional time.

6. Adjunct Faculty:

- Adjunct Faculty (paid or volunteer) must take a COVID test before interacting with students.
- This is especially important for faculty who physically interact with students or regularly be in proximity of students (closer than 6 feet).
- This is a condition of employment.

7. NPS Role Players:

- As NPS students, staff and faculty will be in close contact with NPS role players, all role players must submit to a COVID test or provide evidence of COVID vaccination.
- This is a condition of employment.
- 8. **BE SAFE**: CNCC continues to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees.





Nursing Program: CNCC Nursing students are generally held to more involved and significant COVID protocols than most students because of their clinical interactions with hospitals, nursing homes, clinical offices, etc. In all cases, these requirements supersede the COVID protocols set forth by the College.

- CNCC Requirements: CNCC Nursing students must comply with all Vaccination, General Precaution and Self-Monitoring requirements set out in the CNCC COVID Safety Protocols above. These minimum requirements of all students must be met.
- Public Health Requirements: CNCC recognizes that the COVID-19 epidemic (including variants) is a fluid situation, and we remain prepared and ready to adjust our policies as needed and as directed by public health leaders.
- 3. **Clinical Site Agreements**: CNCC relationship with clinical sites is governed by an agreement between the site and CNCC. CNCC will agree, for and on behalf of the student, to certain COVID and other clinical requirements in order that students might complete their rotations.
 - This is a non-negotiable part of the College's and therefore the student's agreement to participate.
 - A student may choose to decline to participate in these clinical requirements. Your decision to not participate
 will affect your ability to obtain the required hours to graduate and/or sit for required board exams. Noncompliance of clinical site requirements, and/or failure to perform clinicals may result in dismissal from the
 program. For more information specifically directed at program and/or graduation requirements, please visit with
 the CNCC Nursing Program Director.
- 4. **QUESTIONS**: Any questions regarding these requirements should be directed to your instructor and then the CNCC Nursing Program Director.
- 5. BE SAFE: CNCC continues to strongly recommend that all members of the college community receive a COVID-19 vaccine and to practice appropriate social distancing. These strategies have resulted in very low cases of COVID-19 on our campuses and among our employees.